

Parish Diary for Saturday 13th to Sunday 21st of February 2010

Sat 13th	9.00 - 10.00am. Morning Prayer followed by Confessions accompanied by an Hour of Adoration before Blessed Sacrament for vocations for the priesthood. <i>Sunday-Vigil Mass</i> 6.00pm Mass (Alston) In Thanksgiving (T & JF). Confessions 5.30 to 5.45pm
Sun 14th February	The 6th Sunday in Ordinary Time 8.30am. Mass for the people of the parish, 10.30am for Sheila Smith ((580) 3.00pm. Prayer & Benediction.
Mon. 15th	7.30am Mass for George & Kathleen Ainsworth
Tue 16th	<u>8.45am: Morning Prayer.</u> <u>9.00am Mass</u> for Blanch Baxter (577) <i>10.30m Clergy Deanery Clergy Carlisle. 10.30am Parish Prayer Group in presbytery</i> <i>3.30pm Burial of Richard Harper's ashes, Dacre Church</i>
Wed 17th	ASH WEDNESDAY - Day of Fasting & Abstinence <u>10.00am</u> Mass, with Distribution of Ashes, offered for Sr Angela Farrelly. <u>7.00pm</u> Mass, with Distribution of Ashes, offered for Louise Ritchie (611) 8.00pm First of our Reflections on PRAYER, given by Fr Jerome, close at 9pm.
Thu 18th	<u>6.15pm</u> The Rosary. <u>6.30pm</u> Mass offered for Mary Winter's Ints. (588) <i>7.30pm Pro-Life group meeting.</i> <i>7.30pm-9pm CTiP Lent Ecumenical Talk, Methodist Church, Penrith. Speaker: Fr. Michael Murphy of Our Lady and St Joseph's, Carlisle.</i>
Fri 19th	<i>Priest visiting: Brent Gds, Cold Springs, Winters Park, & Beacon Edge NH, Ousby.</i> 11.45am Morning Prayer. 12.00 noon Mass for Pat Wilson's Ints. (585) <i>Simple Exposition closed by Chaplet of Mercy at 1.00pm</i> 7.00pm Stations of Cross.
Sat 20th	9.00 - 10.00am. Morning Prayer followed by Confessions accompanied by an Hour of Adoration before Blessed Sacrament for vocations for the priesthood. <i>Sunday Vigil Mass</i> 1.00pm Fraternal at Alston. 4pm. Mass in the Syro-Malabar Rite 6.00pm Mass (Alston) for Marie Wood (35) Confessions 5.30 to 5.45pm
Sun 21st February	The First Sunday in Lent 8.30am Mass for people of the parish, 10.30am Josephine & William Doherty (596) 12.30pm Mass in Polish by Fr Gregory from Carlisle.

Pray for: our sick: Derek Horseman, Veronica Turner, Joan Moore, Charlie Hammond, Les White, Judith Slattery and Arthur Lowe. Pray also for Therese Leeming, Edith Mulryan, Geoffrey Beatham, Louise Richie and John Stewart whose anniversaries occur about this time.

Special Collection: Fast Day (Fri. 19th) envelopes returned Sunday 28th February

Statistics for last week

Attendance: Sat Alston 6pm 30 + Penrith Sun 8.30am 77 + 10.30am 127 = 234. Total Offertory £501.15, Alston being £64.80, plus weekly gift-aided standing orders £220.

There are messages in the St Catherine's sacristy for:

Sharon Blaylock (2), Janice Wrench (3) Margaret Guizzetti

Children's Liturgy Rota: Feb. 21 Belinda/Gay. 28 Jackie/Teresa H. Mar. 7 Catherine/Anne/Gary

Advance notice for:

Wed. 24th Feb. 7.30pm Deanery Pastoral Council Meeting at St. Augustine's, Carlisle.
Sun. 28th Feb. 10.30 am Mass First Communion preparation. 3pm Baptism of Eva Rose Tucker
Fri. 5th March. Women's World Day of Prayer, 2.00pm Service at Christ Church, Penrith



WELCOME

TO THE CATHOLIC PARISH OF ST CATHERINE, PENRITH
WITH ST WULSTAN'S CHAPEL, ALSTON

14TH FEBRUARY 2010. 6TH SUNDAY IN ORDINARY TIME

A Parish of the Lancaster Roman Catholic Diocesan Trustees Registered Charity no. 234331.
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Discover Life

A few weeks ago the Penrith Life group organised a very successful local event called Discover Life. It involved seminars on all aspects of Life's work by four key speakers and a discussion of how Life could best operate in this area. Much progress has been made in the last few weeks in putting into practice the ideas discussed and a Newsletter about this will be produced shortly. If you're interested in finding out more ring Susie on 01768 867532 or join us at our monthly Thursday meeting, this month the 18th February. *Jane Plasom Scott*

Our Lenten reflections on 'Prayer' in the Church's Life', usually Wed evenings, start this Ash Wednesday after the Mass, 8pm to 9pm. Given by Fr Jerome.

Lenten Ecumenical Talks

WHEN	WHO	WHERE: Refreshments 7pm, Talk 7.30pm
Thu 18 Feb	Father Michael Murphy of Our Lady's, Carlisle	Methodist Church, Wordsworth Street
Wed 24 Feb	Steve de la Mare King's Church.	United Reformed Church, Lowther Street
Tue 2 March	Rachel Poolman , President, of URC in Cumbria	St. Andrew's Church, Penrith
Mon 8 March	Jo Alberti Religious Society of Friends	Salvation Army, 1 Hunter Lane.
Tue 16 March	Major Philip Mountain , Salvation Army	Quaker Meeting House, Meeting House Lane
Wed 24 March	Richard Teal, Chair of Methodist Church in Cumbria	King's Church <i>(to be confirmed)</i>

SUNDAY LITURGY Parish Mass Book p.63

Music: *Entrance:* 'The love we have for you' no.808, vv1-3. *Offertory:* 'Christ be beside me' no.910. *Recessional:* 'Tel out my soul' no.880

Gloria: 'Duffy 527. **Gospel:** Alleluia (4). Father we praise you as Lord, all of the earth gives your worship, for your majesty fills the heavens, fills the earth. Alleluia (4)

Sanctus, Sanctus, Sanctus Dominus Deus Sabaoth. Pleni sun caeli et terra gloria tua. Hosanna in excelsis. Benedictus qui venit in nomine Domini. Hosanna in excelsis.(505)

Agnus Dei, qui tollis peccata mundi, Miserere nobis. Agnus Dei, qui tollis peccata mundi, Miserere nobis. Agnus Dei, qui tollis peccata mundi, dona nobis pacem. (509)

Celebrating Lent which starts this Ash Wednesday, 17 February

Please give careful thought to how you will express your faith this Lenten Season and how we will together prepare for the Triduum: the death and resurrection of Our Lord. May your Lenten 'penance' be one of sharing in the life of the parish:

The celebration of Mass on the week days as well as the 'obligatory' Sundays. We say the Church's Morning Prayer before Mass on Tuesdays (when in Penrith), Fridays, and Saturdays during our Hour of Exposition of the Blessed Sacrament from 9am to 10am. This Hour is also the time for Confessions. Do receive this Sacrament this Lent.

We have the Chaplet of Divine Mercy during simple Exposition after the Friday Mass. Every Thursday evening we have Marian Devotions with Rosary before the 7pm Mass which is completed with a hymn to Our Lady.

This Lent, usually on the Wednesday evenings, there will be a reflection and discussion on '**Prayer in the Life of the Church**' given by Fr Jerome, except for Wednesday 24th when the talk will be moved to the following day, Thursday 25th at 7.45pm.

Yours prayers are also asked thru Lent for Jacqueline Winter who, with the grace of the Holy Spirit, hopes to be received into full communion with the Church this Easter.

On Fridays at 7.30pm there are Stations of the Cross.

Remember also the ecumenical talks and discussions that are being given by ministers from different churches and communities during this season; you will find the timetable for these on the front page of this newsletter.

What is meant by Fasting and Abstinence in Lent and through the year

Along with the Distribution of Ashes at both Masses, Ash Wednesday is also a day of fasting and abstinence, as is Good Friday. **Fasting** means having only one full meal though a little food may also be taken at breakfast and midday or evening. **Abstinence**, abstaining from meat, may be substituted by any of the following penances:

- (1) Abstaining from meat or any other food.
- (2) Abstaining from alcohol, smoking or some form of amusement.
- (3) Some special prayer: with the family, Mass, Stations, visit to church
- (4) Fasting from food for longer than usual, giving proceeds to poor.
- (5) Specially helping the poor, sick, old, lonely.

Abstinence applies also to Good Friday and to Fridays throughout the year.

The Eucharistic Fast for all times of the year

- (1) Communicants should fast from solid food and from drink, alcoholic or non-alcoholic, for one hour before the time of Communion. Water does not break the fast.
- (2) The sick, even those not confined to bed and those directly involved in tending the sick may take non-alcoholic liquids and true medicines, including food, at any time.

Joan Moore wishes to say 'thank you' to all those who said prayers and sent cards to her when she was in hospital recently.

SVP Request

Wanted a vacuum cleaner in good working condition. Tel: Christine Wallace 01768 864850 or Mary Coen 01768 891173.

Year for Priests : 19 June 2009 to 19 June 2010

Gracious God, give our priests courageous faith in the face of confusion and conflict, hope in time of trouble and sorrow, and steadfast love for you and for all your people. May they grow in holiness and may the light of your truth shine through their lives and their good works. We ask your blessing upon our seminarians and all men who are discerning a call to the priesthood. We also beg you to stir into a flame the call to the priesthood that you have placed into the hearts of many men in our own diocese and throughout the Church. We make this prayer through Jesus Christ our eternal High Priest. Amen. St John Vianney, patron of all priests, pray for us and for all our priests.

St. Catherine's 100 Club Draw

Many thanks to those of you who joined the 100 Club. Year 2010 net profit is £436 which very much helps towards church expenses. Winners as follows:

January: No. 53 Yvonne Murgatroyd £25. No. 25 V. Graham £15. No. 35 M. Henderson £10. February: No. 11 Michael Coen £25. No. 46 Teresa Mathews £15. No. 2 Fr. J. Ainsworth £10. Good luck in the next draw. *Finance Team*

Churches Together in Penrith is planning to host a trip to Bishop's House and St. Columba's Chapel, Iona, from Mon. 11 - Thurs. 14th April 2011. Maximum cost £300 per person. Co-ordinator will be Audrey Cannon. Booking opens on 1st March 2010 and no applications will be considered before that date. Initially, three places will be available for each church. From 1st-14th March 2010, first three applications from each church received will be accepted and others held (in receipt order) until 15th March when all other applications will be opened in receipt order until places are filled. Forms with further information in narthex

Discovering Teaching and Leadership in a Catholic School: Is it for you?

One day conference for Catholic teachers and students interested in teaching, leadership or in returning to teaching in Catholic schools and colleges: **Liverpool Hope University Sat. 13th March - 9.30am to 3.30pm.** £15 per delegate. The Conference is open to all Catholic teachers and final year students. Closing date: 24th February. *See narthex for poster and information (yellow forms).*

Cafod thank the Parish of St Catherine's for their very generous donation of £1,225.66 towards the Haitian Appeal. May I too add my thanks to you for being so openly responsive to this appeal. *Fr Jerome.*

For our Polish Parishioners

Witamy bardzo serdecznie w parafii św. Katarzyny (St Catherine) i na naszej niedzielnej mszy św. Zapraszamy wszystkich na kawę, herbatę po każdej niedzielnej mszy o godzinie 10:30. Jest to okazja aby poznać innych parafian. W naszej parafii mamy również raz w miesiącu mszę św w języku polskim, odprawianą przez ks. Andrzeja Kolaczakowskiego w każdą trzecią niedzielę miesiąca o godzinie 12:30. Indywidualne konwersacje języka angielskiego beda odbywały sie za wczesniejszym uzgodnieniem terminu z Ksiedzem Jerome pod numerem telefonu 01768 862273.