

**Parish Diary for Saturday 6<sup>th</sup> to Sunday 14<sup>th</sup> of February 2010**

Sat 6th	8.30-9.00am Exposition of Blessed Sacrament and Confessions
<i>Sunday</i>	<i>10.00am Faith &amp; Justice Meeting in Lancaster.</i>
<i>Vigil Mass</i>	<i>6.00pm Mass (Alston) for LISCF (March). Confessions 5.30 to 5.45pm</i>
Sun. 7th February	<b>The 5<sup>th</sup> Sunday in Ordinary Time</b> 8.30am Mass for the people of the parish, 10.30am for Chris Ritchie (610) 12.30pm Mass in Polish by Fr Gregory from Carlisle. 3.00pm <i>Baptism of Mark Andrew William Manning (Benediction next week)</i>
Mon. 8th	7.30am Mass (in Rectory) offered for George & Kathleen Ainsworth
Tue 9th	9.45am: Morning Prayer. 10.00am Eucharistic Service (in Church) <i>Parish Prayer Group in presbytery front room.</i> 7.30-9.00pm <i>CTiP Lent Ecumenical Talk, Church In The Barn (to be confirmed)</i>
Wed 10th	2.30pm. <i>SVP meeting.</i>
Thu 11th	<b>Feast of Our Lady of Lourdes</b> , Patron of Diocese. <b>World Day of prayer for the Sick</b> 6.45pm The Rosary. 7.00pm Mass for Robert Hopkins & Pym Vande Breggen (567) 7.30pm <i>Journey in Faith. RCIA</i>
Fri 12th	<i>Priest visiting: Brent Rd, Milner Mount, Greystoke Cl &amp; Pk Rd, Stainton.</i> 11.45am Morning Prayer. 12.00 noon Mass for Catherine Pickering (574) <i>Simple Exposition closed by Chaplet of Mercy at 1.00pm</i>
Sat 13th <i>Sunday-</i> <i>Vigil Mass</i>	9.00 - 10.00am. Morning Prayer followed by Confessions accompanied by an Hour of Adoration before Blessed Sacrament for vocations for the priesthood. 6.00pm Mass (Alston) In Thanksgiving (T & JF) Confessions 5.30 to 5.45pm
Sun 14th February	<b>The 6<sup>th</sup> Sunday in Ordinary Time</b> 8.30am Mass for the people of the parish, 10.30am for Sheila Smith ((580) 3.00pm. Prayer & Benediction.

**Pray for:** our sick: Veronica Turner, Joan Moore, Charlie Hammond, Sheila Brown, Josie Fenny, Jean Lynan, Les White, Judith Slattery; those who have died recently: Richard Harper and Douglas Auld; for Christine Ritchie, Margaret Shepherd, Marie Leeming and Andrew Manning whose anniversaries occur about this time.

**Special Collection:** Fast Day (Fri. 19th) envelopes returned Sunday 28th February

**Statistics for last week**

Attendance: Sat Alston 6pm 30 + Penrith Sun 8.30am 83 + 10.30am 119 = 232. Total Offertory £435.07, Alston being £101.55, plus weekly gift-aided standing orders £220.

**There are messages in the St Catherine's sacristy for:** Sharon Blalock (2), Janice Wrench(2), Ann Spaldin, Margaret Guizzetti, Joe Pearson, John Whiteside

**Children's Liturgy Rota:** Feb.14 Teresa T/Laura/Helen. 21 Belinda/Gaye. 28 Jackie/Teresa H

**Advance notice for:**

- Tues. 16th Feb. Deanery Clergy Conference at Christ The King
- Wed. 17th Feb. **Ash Wednesday. Day of Fasting and Abstinence.**
- Thurs. 18th Feb. 7.30-9pm CTiP Lent Ecumenical Talk. Methodist Church, Penrith.  
Speaker Fr. Michael Murphy of Our Lady's, Carlisle.
- Tues. 24th Feb. 7.30pm Deanery Pastoral Council Meeting at St. Augustine's, Carlisle.



# WELCOME

TO THE CATHOLIC PARISH OF ST CATHERINE, PENRITH  
WITH ST WULSTAN'S CHAPEL, ALSTON

7TH FEBRUARY 2010. 5TH SUNDAY IN ORDINARY TIME

A Parish of the Lancaster Roman Catholic Diocesan Trustees Registered Charity no. 234331.  
Fr Jerome Ainsworth, St Catherine's Rectory, Drovers Lane, Penrith, Cumbria. CA11 9EL.  
Tel. 01768 862273 Email: [penrithrc@btinternet.com](mailto:penrithrc@btinternet.com)  
St Wulstan's Church, Kings Arms Lane, Alston, Cumbria, CA9 3JF  
Parish Web Site: [www.stcatherinepenrith.org.uk](http://www.stcatherinepenrith.org.uk)

### Fasting and Abstinence in Lent and through the year

Along with the Distribution of Ashes at both Masses of Ash Wednesday, which is a week on Wednesday, is also a day of fasting and abstinence, as is Good Friday. **Fasting** means having only one full meal though a little food may also be taken at breakfast and midday or evening. **Abstinence**, abstaining from meat, may be substituted by any of the following penances:

- (1) Abstaining from meat or any other food.
- (2) Abstaining from alcohol, smoking or some form of amusement.
- (3) Some special prayer: with the family, Mass, Stations, visit to church
- (4) Fasting from food for longer than usual, giving proceeds to poor.
- (5) Specially helping the poor, sick, old, lonely.

*Abstinence applies also to Good Friday and to Fridays throughout the year.*

### Lenten Reflections on Prayer in the life of the Church

May I suggest that we should use the six Wednesday evenings during Lent, starting on Ash Wednesday, to reflect on the importance of prayer in our lives. The Church has produced a useful set of CDs as a pictorial guide for our evenings covering: The Life of Prayer, The Lord's Prayer, Praying the Mass, The Practice of Confession and Catholic Devotions. There would be time for both input and discussion in the hour's presentation. The evening would be open to all in the presbytery starting 7pm, or after Mass on Ash Wednesday. *Fr Jerome.*

### SUNDAY LITURGY Parish Mass Book p.61

**Music:** *Entrance:* 'Holy God we praise thy name' no.708. *Offertory:* 'O the love of my Lord' no.967. *Recessional:* 'I the Lord of sea and sky' no.865.

**Gloria:** 'Duffy 527. **Gospel:** Alleluia (4). Father we praise you as Lord, all of the earth gives your worship, for your majesty fills the heavens, fills the earth. Alleluia (4)

**Sanctus,** Sanctus, Sanctus Dominus Deus Sabaoth. Pleni sun caeli et terra gloria tua. Hosanna in excelsis. Benedictus qui venit in nomine Domini. Hosanna in excelsis.(505)

**Agnus Dei,** qui tollis peccata mundi, Miserere nobis. Agnus Dei, qui tollis peccata mundi, Miserere nobis. Agnus Dei, qui tollis peccata mundi, dona nobis pacem. (509)

**Visitors,** for your pink gift aid offertory envelopes *to be effective for a tax reclaim* you must print your name, full address & postal code, and with your signature. Thankyou.

## ST CATHERINE'S CATHOLIC PRIMARY SCHOOL

Both children and staff are making plans for each Class during Lent to raise funds for the Holy Spirit Sisters, Monze. Class 2 attended Mass on Tuesday, 2nd February. Class 3 led our school assembly on Friday morning with the focus on 'The Presentation of Jesus. A disco was held in school on Friday evening for the children in our school.

### Concerned that we don't do enough for young people in the parish?

The Diocese recently appointed a youth officer, Ruth Corless, to both encourage and coordinate the work done with and for the young people in our diocese and parishes. She has kindly offered to come to speak with us about her work and to encourage us to reflect on the place of young people in the life of the Church and of our parish. No easy matter, but one to which we could well give some thought! She will be here on Thursday 4th March. It would be good to begin the evening with prayer, the Rosary and Mass, with Ruth speaking to us and encouraging us to share our thoughts and concerns from 7.45pm to 9.00pm. You are most welcome to come, but I would be grateful if you could let me know beforehand that you want to come. Thank you. *Fr Jerome.*

### Churches Together in Penrith

The first of the Lenten Talks was given at our Church on Tues 2 February by the Bishop of Carlisle who delivered a most interesting and amusing talk. The evening was a great success due to the organisation by Fr. Jerome, the teas and coffees offered by Brenda and her team of ladies (very welcome on a cold night!), the members of the parish who supervised the discussion groups after the Bishop's talk, and, the musicians. Having no idea how many would attend, we were delighted that 120 joined us, including many from our own parish. Thank you all very much. *Joan Crompton, parish representative on the CTiP.*

#### Future Lenten Reflections

WHEN	WHO	WHERE: Refreshments 7pm, Talk 7.30pm
Tues 9 Feb	<b>Graham Emerson</b> Church in the Barn	Christ Church, Drovers Lane.
Thur 18 Feb	<b>Father Michael Murphy</b> of Our Lady's, Carlisle	Methodist Church, Wordsworth Street
Wed 24 Feb	Steve de la Mare <b>King's Church .</b>	United Reformed Church, Lowther Street
Tue 2 March	<b>Rachel Poolman</b> , President, of URC in Cumbria	St. Andrew's Church, Penrith
Mon 8 March	<b>Jo Alberti</b> Religious Society of Friends	Salvation Army, 1 Hunter Lane.
Tue 16 March	<b>Major Philip Mountain</b> , Salvation Army	Quaker Meeting House, Meeting House Lane
Wed 24 March	<b>Richard Teal, Chair of</b> Methodist Church in Cumbria	King's Church (to be confirmed)

## Year for Priests : 19 June 1009 to 19 June 2010

Gracious God, give our priests courageous faith in the face of confusion and conflict, hope in time of trouble and sorrow, and steadfast love for you and for all your people. May they grow in holiness and may the light of your truth shine through their lives and their good works. We ask your blessing upon our seminarians and all men who are discerning a call to the priesthood. We also beg you to stir into a flame the call to the priesthood that you have placed into the hearts of many men in our own diocese and throughout the Church. We make this prayer through Jesus Christ our eternal High Priest. Amen. St John Vianney, patron of all priests, pray for us and for all our priests.

### Thank You

Harry & Sam Seddon would like to thank the parishioners of St. Catherine's for generously sponsoring them for completing the C2C cycle ride last year. We have collected all the monies and we have now raised a total of £734.80p for St. Catherine's Life Group. Thank you for your generosity. *Harry & Sam Seddon*

### Deanery Pastoral Meeting

In view of the waning for snow the Meeting on Wed. 3rd February was postponed until Wed. 24th February, 7.30pm at St. Augustine's. *Helen Pendrous.*

### Bequests and Legacies

In the past St. Catherine's Parish and the Diocese has been extremely fortunate in receiving some very generous bequests. Each bequest is properly acknowledged and used specifically as each donor stipulates. As we are a charity inheritance tax is not payable by the donor.. *Diocesan Financial Administrator.*

### Discovering teaching and Leadership in a Catholic School: For you?

A one day conference for Catholic teachers and students interested in teaching, leadership or in returning to teaching in Catholic schools and colleges: **Liverpool Hope University Sat 13 March 9.30am to 3.30pm.** £15 per delegate including refreshments. The conference is open to all Catholic teachers and final year students. See narthex for poster and further info (yellow forms).

**Dorothy Leeming** thanks God for her miraculous escape from harm after her serious accident and is most grateful for all who subsequently took care of her.

### For our Polish Parishioners

Witamy bardzo serdecznie w parafii św. Katarzyny (St Catherine) i na naszej niedzielnej mszy św. Zapraszamy wszystkich na kawę, herbatę po każdej niedzielnej mszy o godzinie 10:30. Jest to okazja aby poznać innych parafian. W naszej parafii mamy również raz w miesiącu mszę św w języku polskim, odprawianą przez ks. Andrzeja Kolaczekowskiego w każdą trzecią niedzielę miesiąca o godzinie 12:30.

Indywidualne konwersacje języka angielskiego będą odbywały się za wcześniejszym uzgodnieniem terminu z Ksiedzem Jerome pod numerem telefonu 01768 862273.